







# 5th Annual Community Cup

July 29, 2022 | Fortress Obetz

On behalf of our entire team at the Greater Columbus Sports Commission, we are excited to return to Fortress Obetz for the fifth annual Community Cup, presented by The Columbus Foundation.

We created this event in 2018 to support the Sports Commission's efforts to enhance the image of the city, enrich the quality of life for everyone that lives and works in Central Ohio and drive economic and social development through sports. It's called the Community Cup for a reason. We could not host this event without your support.

The Community Cup combines camaraderie, wellness and charitable giving for a one-day athletic challenge. With something for all skill levels, everyone can Lift the Community & Lift the Cup.

Thank you for participating in the Community Cup, and good luck!



*Linda Shetina Logan*

Linda Shetina Logan, STS & CTA  
CEO & President



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## About our Presenting Sponsor THE COLUMBUS FOUNDATION

The Columbus Foundation is the trusted philanthropic advisor® to more than 2,500 individuals, families and businesses that have created unique funds and planned gifts to make a difference in the lives of others through the most effective philanthropy possible.

The Foundation's Center for Corporate Philanthropy is designed to help established and new Central Ohio businesses make their charitable investments—within the company and in the broader community—as cost-effective and efficient as possible. The Employee Assistance Program helps businesses support their employees during times of hardship and disaster to ensure they have the assistance they need when it's needed most.

Learn more at [cbusfdn.org/EAP](https://cbusfdn.org/EAP).



# INTRODUCTION & KEY DATES



## Welcome to the Community Cup

The Community Cup presented by The Columbus Foundation is a one-day athletic challenge open to companies of all sizes to compete at all skill levels. With 14 events, there's something for everyone.



Home to the Obetz ZucchiniFest and host of multiple OHSAA State Championships, Fortress Obetz is a 50-acre multi-purpose complex in the City of Obetz.

**Address:** 2015 Recreation Trail, Obetz, OH 43207 (Parking details on p14)

**Website:** [fortressobetz.com](http://fortressobetz.com)

## Key Dates

<b>Wednesday, June 1, 2022</b>	Charity Challenge Starts
<b>Friday, July 8, 2022</b>	Team Registration Deadline
<b>Wednesday, July 13, 2022</b>	Team Captain Virtual Orientation
<b>Friday, July 15, 2022</b>	Charity Challenge Ends
<b>Friday, July 22, 2022</b>	Giant Eagle Catering Deadline (Team Captain Submits)
<b>Wednesday, July 27, 2022</b>	5K Race Registration Closes
<b>Friday, July 29, 2022</b>	5th Annual Community Cup 

# ELIGIBILITY & PARTICIPATION

## Team Breakdown

**Division I:** 1,001+ employees

**Division III:** 101-300 employees

**Division II:** 301-1,000 employees

**Division IV:** under 100 employees

Teams are divided by division based on their total number of full-time and part-time employees. Companies with fewer than 20 employees may combine with one (1) other company with less than 20 employees and be recognized as one (1) team.

## Team Participation

Only registered teams may participate in the Community Cup. Teams are entered on a first-come, first-served basis after submitting their online registration and paying the entry fee.

Each company may enter only one (1) team. Each team must designate a team captain(s) to be responsible for filling its roster.

## Individual Participation

To be eligible to participate in the Community Cup, individual team members must meet the following requirements:

Be employed by the company or organization fielding the team (Full-time employee, part-time employee, intern or recent retiree*)	<input checked="" type="checkbox"/>
<a href="#">Complete the athlete registration</a>	<input checked="" type="checkbox"/>
<a href="#">Complete the 5K Race registration</a> online prior to July 27, 2022 (if participating in 5K)	<input checked="" type="checkbox"/>
Wear a t-shirt with their company or organization name clearly visible	<input checked="" type="checkbox"/>
Wear their wristband assigned at Athlete Check-In	<input checked="" type="checkbox"/>

\*Interns must work a minimum of 20 hours/week

\*Retirees over the age of 55 are eligible to compete if the company or organization's human resources director provides written certification of the retiree's retirement date and validation of the retiree having had three-years tenure at the organization prior to retirement

**Note:** Family members of employees, contractors (unless contracted solely with the participating organization), volunteers and board members not employed by the company are not eligible to participate in the Community Cup. Family members of employees can participate in the 5K if they complete the non-employee, athlete registration.

# HOW TO SCORE



## How to Score

There are many ways to score points. At the end of the day, we'll crunch the numbers and award the top team in each division with the Community Cup. [View the live scoreboard.](#)

### Play

Score points through competition in 14 events. See the event overview on p6-10.

### Give

Donate to one of three local charities through the Charity Challenge. See more details on p10.

### Volunteer

Register for a volunteer shift on [Rosterfy](#) prior to July 29 and earn five (5) points for your team (max: 25 points). Shifts are filled on a first-come, first-served and must be completed to earn points. If volunteers sign-up onsite on July 29, one (1) point will be awarded per volunteer

### Wear

Everybody is required to wear a team t-shirt on event day. To qualify for the t-shirt contest, the Community Cup logo must be included on all t-shirt designs. Team captains can access the event logo & more information at [community.columbusports.org/cup](http://community.columbusports.org/cup). Preferred t-shirt vendors:

- The Awesome Company – Hannah Graham, [hannah@theawesomecompany.com](mailto:hannah@theawesomecompany.com)
- Outreach Promotional Supplies – Sean Miller, [smiller@outreachpromos.com](mailto:smiller@outreachpromos.com)
- Artina Promotional Products – Casey Kaya, [kaya@artina.com](mailto:kaya@artina.com)

Our panel of judges will score every team t-shirt and announce an overall winner from each division. The winning team will receive 25 points and a prize.



# EVENT OVERVIEW & SCHEDULE

Each team will compete for points in 14 events. Most of those events are ‘drop-in’ format, meaning you can play whenever your team is ready. Anyone can participate in the drop-in events if there is not a team waiting to compete. We recommend recruiting 20 members for a team, but teams can compete with four.

## Events

**LAZ Parking 5K Race** — *unlimited participants*

**FST Logistics Dodgeball** — *6 participants*

**HomeTown Ticketing Tug of War** — *8 participants*

**Safelite AutoGlass One Mile Walk** — *unlimited participants (up to 25 members will be scored)*

**PNC Cornhole Toss\*** — *4 participants*

**G&J Pepsi Football Toss\*** — *4 participants*

**Columbus Blue Jackets Hockey Shot\*** — *4 participants*

**American Electric Power Frisbee Toss\*** — *4 participants*

**Columbia Gas of Ohio Soccer Kick\*** — *4 participants*

**Lacrosse Passing\*** — *4 participants*

**HNS Sports Group Golf Chipping\*** — *4 participants*

**Columbus Clippers Wiffle Ball Home Run Derby\*** — *4 participants*

**Nationwide Basketball Shooting Competition\*** — *4 participants*

**Obstacle Course\*** — *4 participants*

*\*Drop-in event*

<b>8:00 AM</b>	Tailgate Zone Opens
<b>8:30 AM</b>	Athlete Check-In/On-Site Registration Opens*
<b>9:15 AM</b>	Opening Ceremonies/Road Closure Begins*
<b>9:30 AM</b>	LAZ Parking 5K Race (Shotgun Start)
<b>10:15 AM</b>	Practice for Drop-In Events
<b>10:20 AM</b>	Safelite AutoGlass One Mile Walk - Shotgun Start
<b>10:30 AM</b>	FST Logistics Dodgeball, HomeTown Ticketing Tug of War, Drop-In Events Begin
<b>1:30 PM</b>	Drop-In Events Close
<b>1:30 PM</b>	Tug of War Championship Matches
<b>2:15 PM</b>	Closing Ceremonies & Community Cup Presentation

Everyone should plan on arriving before 9:15 a.m. as there is a strict road closure for the 5K Race and access to Fortress Obetz will be unavailable until 10 a.m.

# EVENT RULES

CommunityCup | community.columbusports.org



## LAZ Parking 5K Race

For the 5K Race, the number of participants that a team can have in the race is unlimited. However, only the top man and woman in each age group (within your company's top finishers) will be scored for the team points, even if a team has more than one (1) man and one (1) woman participating in any age group. Runners will be competing against other runners within the same age group and company division to score points. Age group is determined by the age of the individual on July 29, 2022. A team's top man and woman finisher from each age group (29 and under, 30-39, 40-49, 50-plus) will have their points combined to determine each team's point total for the race. The top four (4) teams per division will be awarded 100, 75, 50 and 25 points accordingly. All teams participating in the 5K Race will be awarded 10 points if they do not place.



## Safelite AutoGlass One Mile Walk

Each team may enter unlimited walkers for the One-mile Walk. The first 25 employees per team who finish the walk will be eligible for scoring. Each member who completes the walk will receive four (4) points for a maximum of 100 points per team. This is a non-timed event, but every participant in the One-mile Walk must still sign an event waiver.





### FST Logistics Dodgeball

The dodgeball tournament will be a single elimination bracket, unless a division has less than six teams then it will be double elimination. Dodgeball will be played under the National Amateur Dodgeball Association (NADA) rules. Each company will be permitted to enter one (1) team of up to 10 participants, which must include at least two (2) women. Each game begins with no more than six (6) players competing per team and the remaining four (4) available as substitutes. Teams may only substitute players in between games or in the case of an injury. All games will be played for three (3) minutes or until all opponents on one team are eliminated. The match will consist of three (3) games, with the winner declared from the best two (2) out of three (3) games. The top four (4) teams per division will be awarded 100, 75, 50 and 25 points accordingly, and all teams participating will receive 10 points if they do not place. Third and fourth place will be determined by a consolation match occurring prior to the championship match.



### HomeTown Ticketing Tug of War

Each company may enter one (1) team of eight (8) employees, including at least two (2) women in the single elimination bracket. If a division has less than six teams then it will be double elimination. Each pull will have a time limit of five (5) minutes. The winning team must pull its opponent five (5) yards to cross the line or must be ahead when the time expires. Rubber/plastic cleats and gloves are permitted, but no metal spikes are allowed. Participants must try to stay on their feet and not sit, kneel or lie down for advantage. Team members are not allowed to wrap the rope around their arms or bodies. Winning teams will advance in their division until an overall winner is declared. The top four (4) teams per division will be awarded 100, 75, 50 and 25 points accordingly, and all teams participating will receive 10 points if they do not place. Third and fourth place will be determined by a consolation match occurring prior to the championship match.



### Nationwide Basketball Shooting Competition

Each company may enter one (1) team of four (4) players, including at least two (2) women. Each participant will attempt to shoot five (5) basketballs from their choice of pre-marked spots, each with a different point value awarded when the baskets are made. Participants may not redo shots. Individual scores will be added together to create a team score.



### PNC Cornhole Toss

Each company may enter one (1) team of four (4) players, including two (2) women. Each participant will be given five (5) chances to toss a cornhole bag onto the board.

Players will score 10 points for each bag that goes into the hole and five (5) points for each bag that lands on the board. Any bag that hits the ground before hitting the board is dead and won't be eligible to score points. Individual scores will be added to together to create a team score.



### G&J Pepsi Football Toss

Each company may enter one (1) team of four (4) employees, including at least two (2) women. Each team member will attempt to throw five (5) footballs through different targets. Targets will be placed five (5) yards, 10 yards and 15 yards away, with participants scoring five (5), 10 or 15 points based on the target they throw the ball through. Participants may only use footballs provided at the event. Participants may not redo throws. Individual scores will be added together to create a team score.



### AEP Frisbee Toss

Each company may enter one (1) team of four (4) employees, including at least two (2) women. Each team member will be given one minute to throw as many frisbees as they can. Partners will be placed at a distance of 20 yards away. Each throw that is caught by their teammate and placed in the bin will be worth one (1) point. Individual scores will be added together to create a team score.



### Columbus Blue Jackets Hockey Shot

Each company may enter one (1) team of four (4) employees, including at least two (2) women. Each team member will shoot five (5) chances toward the net. Distances of five (5), 10 and 15 yards will reflect different point totals based on difficulty. Participants do not have to shoot all shots from the same distance. Each participant is limited to one (1) turn. Individual scores will be added together to create a team score.



### HNS Sports Group Golf Chipping

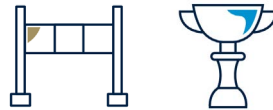
Each company may enter one (1) team of four (4) employees, including at least one (1) woman. Team members will chip five (5) balls from 60 yards into progressively larger circles surrounding a flag. The smallest circle will be worth 20 points, the middle worth 10 points and the outer-most worth five (5) points. The top four (4) teams per division will be awarded 100, 75, 50 and 25 points accordingly, and all teams participating will receive 10 points if they do not place. Golf clubs will be provided, but competitors can bring their own golf clubs.





### Lacrosse Passing

Each company may enter one (1) team of four (4) employees, including at least two (2) women. Each team member will be allotted five (5) passes to their partner placed 15 yards away. Each completed pass will be worth five (5) points. Participants may not redo passes. Individual scores will be added together to create a team score.



### Obstacle Course

Each company may enter one (1) team of four (4) players, including at least two (2) women. This is a timed event. Each participant will complete a series of obstacles along the course, followed by the other three participants in a relay fashion; totaling four laps on the course. Based on total team time, 100, 75, 50 and 25 points will be awarded to the top four (4) teams per division. All teams that participate will receive 10 points if they do not place.



### Columbia Gas of Ohio Soccer Kick

Each company may enter one (1) team of four (4) employees, including at least two (2) women. Each team member will kick five (5) soccer balls through the soccer goal. Participants will shoot from three different distances, scoring five (5), 10 or 15 points. Rubber or plastic cleats are allowed but metal spikes are not permitted. Each participant is limited to one (1) turn. Individual scores will be added together to create a team score.



### Columbus Clippers Wiffle Ball Home Run Derby

The Wiffle Ball Home Run Derby will be self-pitch. Each team consists of up to four (4) team members, including at least one (1) woman. Each team member must bat, but not all team members are required to pitch. Batters will have one minute to hit as many home runs as possible. Each home run will be worth three (3) points. The distance from the pitcher to the batter must be at least of 15 feet. All home runs will be counted toward the total team score. Bats and wiffle balls will be provided, and batters are not permitted to bring their own equipment.

# CHARITY CHALLENGE

## Charity Challenge

From June 1–July 15, teams can earn up to 200 points by participating in the Charity Challenge and donating to three awesome, local charities: The Columbus Foundation, the Mid-Ohio Food Collective and Ruling our eXperiences (ROX). **Each \$10 dollar donation is worth one (1) point.** To encourage equal donations, a maximum of 100 points to each charity will be counted. Teams cannot earn additional points by donating to all three charities.

### The Columbus Foundation THE COLUMBUS FOUNDATION

The Columbus Foundation established the the [Gifts of Kindness Fund](#) in September 2014 with a goal to provide financial support and illustrate how acts of kindness throughout our community make a difference — and inspire others to do the same.

#### [Donate to The Columbus Foundation](#)

### Mid-Ohio Food Collective mid-ohio food collective

The [Mid-Ohio Food Collective \(MOFC\)](#) has a mission to end hunger one nourishing meal at a time while also co-creating communities where everyone thrives. Since its inception in 1980, MOFC has been working with farmers, grocers, food companies, the USDA, and community partners to distribute food to over 650 pantries, soup kitchens, shelters, after-school programs and senior housing sites across Central and Eastern Ohio.

Additionally, teams may collect products from ‘The Most Needed Items’ list and donate these for one (1) point per one (1) pound donated. Greater Columbus Sports Commission staff will give collection boxes to teams donating to a central location; then transport items to the MOFC. Items taken directly to the MOFC can be validated with a receipt verifying the amount of food donated. Receipts can be emailed to [cup@columbussports.org](mailto:cup@columbussports.org) for points.

#### [Donate to the Mid-Ohio Food Collective](#)

### Ruling Our eXperiences (ROX) ROLLING OUR EXPERIENCES

Celebrate the 50th Anniversary of Title IX by supporting girls in sports! Support [ROX's work](#) focused on supporting the social, emotional and mental health needs of female athletes in grades 5-12.

#### [Donate to ROX](#)



# GIANT EAGLE TAILGATE ZONE



## Giant Eagle Tailgate Zone

Tailgating at the Community Cup is one of the highlights of the event. To ensure a safe and fun environment for everyone, please review the following rules and guidelines.

Tailgating is defined as all festive and family-friendly activities which occur within a designated area, provided that such activities do not impede traffic, safety or the flow of emergency vehicles.

Fortress Obetz and the Greater Columbus Sports Commission reserve the right to restrict any vehicle or person for safety reasons. Violation of any guidelines may result in removal from Fortress Obetz premises. Failure to cooperate with Fortress Obetz event staff, security officials or Greater Columbus Sports Commission staff may result in forfeiture of all tailgating privileges.

The Giant Eagle Tailgate Zone is open to all participants. Each team will receive a designated tailgate area prior to event day. No tailgating activities may restrict or impede traffic lanes through the designated parking lots and designated “No Parking” area, impede another team’s tailgate zone or extend beyond the tailgate lot. Motor homes or trailers are not permitted.

Teams are encouraged to order [Giant Eagle Catering](#). Giant Eagle will deliver orders directly to team tents at 8:00am and 11:00am.

## General Rules

- In case of fire or other emergency, call 911.
- Federal, state and local laws pertaining to the possession, consumption and distribution of alcohol and controlled substances will be enforced. All persons and vehicles are subject to search in accordance with federal, state and local laws.
- Glass is prohibited.
- Pets are prohibited. Persons with disabilities may be accompanied by working service animals.
- Grills are prohibited.
- Solicitation is prohibited without permission from the Greater Columbus Sports Commission and Fortress Obetz.
- Individuals must leave the Tailgate Zone after the event concludes.
- All individuals are required to clean their designated areas and dispose of trash properly.
- Companies may not have their own music at their tent. Music will be provided by the venue.
- Electric generators are not allowed.



# POLICIES & RESOURCES

## **Inclement Weather**

Weather forecasts will be monitored prior to and throughout the event, paying close attention to heavy rain, thunder and lightning. In the event of light rain, events will proceed as scheduled. Visible lightning will cause the race or events to be postponed for a minimum of 30 minutes. Additional sightings will continue to delay the race or events in 10-minute increments. In the event of extreme heat, extra water will be provided.

## **Medical Services**

First aid, on-site injury evaluation and care, hydration stations, EMS, ice bags and more will be provided to all registered participants who have signed the liability waiver and are wearing a wristband.

## **Restroom Facilities**

Public restrooms will be open and cleaned throughout the day.

## **Alcohol Policy**

Alcohol purchased through Giant Eagle will be allowed on the premises of Fortress Obetz during The Community Cup. To provide for safety of individual spectators and participants, this applies to all events and all areas of Fortress Obetz during the duration of The Community Cup.

## **Animal Policy**

For liability reasons, pets and animals are not allowed on the premises of Fortress Obetz during The Community Cup. To provide safety of spectators, participants and animals, this rule applies to all events and all areas of Fortress Obetz during the duration of The Community Cup.

Persons with disabilities may be accompanied by working service animals.

## **Parking Information**

Follow GPS directions to 4174 Alum Creek Drive, Obetz, Ohio 43207. Signage will direct you to parking. Please note that the parking lot will be closed from 9:15-10 a.m. for the 5K Race on event day.

## **Quick Links**

[Athlete Registration](#) | [LAZ Parking 5K Race Registration](#)

[Giant Eagle Catering Menu](#) | [Rosterfy Volunteer Form](#) | [Team Resources](#)

*This handbook is intended to be a guide for participants and spectators at The Community Cup. Content and/or rules are subject to change.*